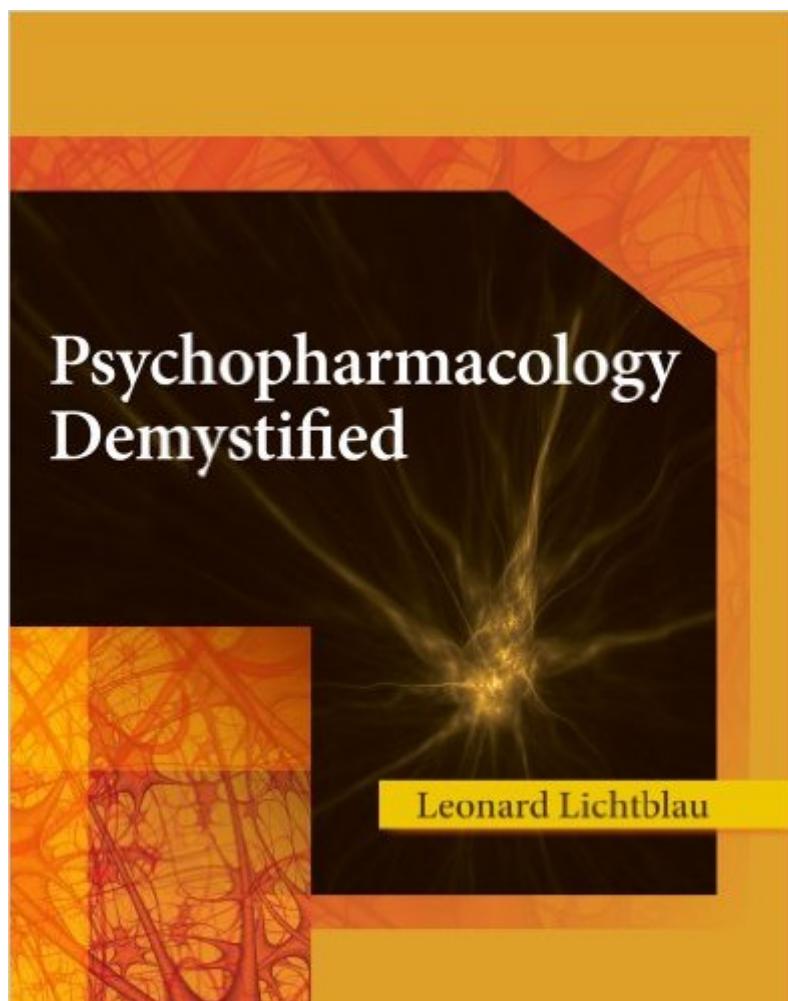


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# Psychopharmacology Demystified



## **Synopsis**

The goal of *Psychopharmacology Demystified* is to get the internal light-bulbs of insight to glow by using every-day situations and personal vignettes to illuminate complicated ideas and concepts using language that nursing students can understand. The text begins with a primer on neuroanatomy and neurophysiology, since this knowledge is a prerequisite for understanding the ensuing chapters covering antidepressants, mood stabilizers, antipsychotics, anxiolytic-sedative-hypnotics and cognitive enhancers, as well as a chapter on substance abuse and addiction. Each chapter begins with a personal story, followed by an overview of the topic, the history of pharmacological management, a review of the major drugs in use, and concludes with current insights and future directions of therapy. While it can be used as a free-standing text, it is meant to be used in conjunction with more traditional psychiatric nursing books and pharmacotherapy textbooks. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

## **Book Information**

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## **Customer Reviews**

Dr. Lictblau's book is an answer to my prayers! As a recent graduate of an MSN program for psychiatric advanced practice nurses I needed something to help me study for the boards. I have

always been intimidated by neurobiology and thought "how am I ever going to learn this stuff?" Well I found that I learned about the brain, the neurotransmitters, the dopamine pathways, the CYP 450 system, the different mental disorders, the meds and was able to "put it all together" as the good Doctor likes to say in his book. I am very confident now, that I will pass. Thank you Dr. Lichtblau for this valuable resource. I recommend it highly for anyone that needs to understand neurobiology and must prove that knowledge.

I have been teaching psychopharmacology for a long time and this is my favorite text to recommend to both baccalaureate nursing students and advanced practice nurse practitioners. Dr. Lichtblau has an easy reading style and provides clear and interesting explanations of complex concepts. My students are willing to read this material because the author engages the reader. He does not dummy down the information but makes it available in small portions to prevent indigestion! I highly recommend this book.

This book cuts straight thru the work of Stahl and others to offer understandable language that links neurotransmitters and psychopharmacology in understanding treatment for patients. I highly recommend this book to anyone trying to wrap their arms around the vast subject of psychopharmacology. I can only hope the author will take up the equal challenge to present the CYP 450 system in equally understandable language.

I've taught psychopharm for 8 years in a masters counseling psych program. This book does not waste time with DSM stuff that students got in Psychopathology class. It certainly doesn't waste money. It's a useful resource to get them through the class, that they can keep on their shelf for years to come. That's how grad school should be.

This is a great review text - it goes over anatomy and physiology, brain structure and neurotransmitter pathways, covers major disorders and their treatment, and gives a nice summary of most drugs and how they work. It's a thin, fairly brief book, so it wouldn't be enough alone, but it's a great supplement to a more in-depth textbook. I will continue to keep it in my office as a quick reference.

This is a very well written, easy to understand book about a topic that is usually way too technical for even the most well schooled pharmacology student to absorb. I found the order in which the

information is presented helps in its understanding, and its building concepts upon concepts providing for deeper understandings of the material. I am given a sense of interconnectedness to the ideas presented. A great resource, a keeper on the book shelf.

This test is an excellent basic review, and quick resource. Would be a good adjunct to graduate level course, as well as desk reference in the field.

I am a preceptor for ARNP students and this is the book that I often recommend. It really breaks down the psychopharmacology concepts in an easy-to-understand way. I have found that it is helpful clinically as well as in their psychopharm class. This book helps make this level of knowledge accessible and understandable.

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